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Subject Intent:

Physical Education at Pool Hayes Academy aims to enthuse and inspire students to participate and develop the skills and understanding needed to have a positive effect on their physical well-being. Students are taught a broad range of activities that form the basis for lifelong sporting and recreational involvement, where learning develops competence in technical and tactical skills. As part of their learning journey, students learn important life skills; communication, responsibility, leadership and organisation, as well as key British values such as the rule of law and mutual respect.

Development of knowledge (Head)- Students are engaged and inspired through the development of knowledge and understanding in order for them to recall key terminology and rules.

Engagement (Heart) - Students are encouraged to have a positive attitude to fitness, exercise and well-being, and become well balanced and focused individuals who strive for success.

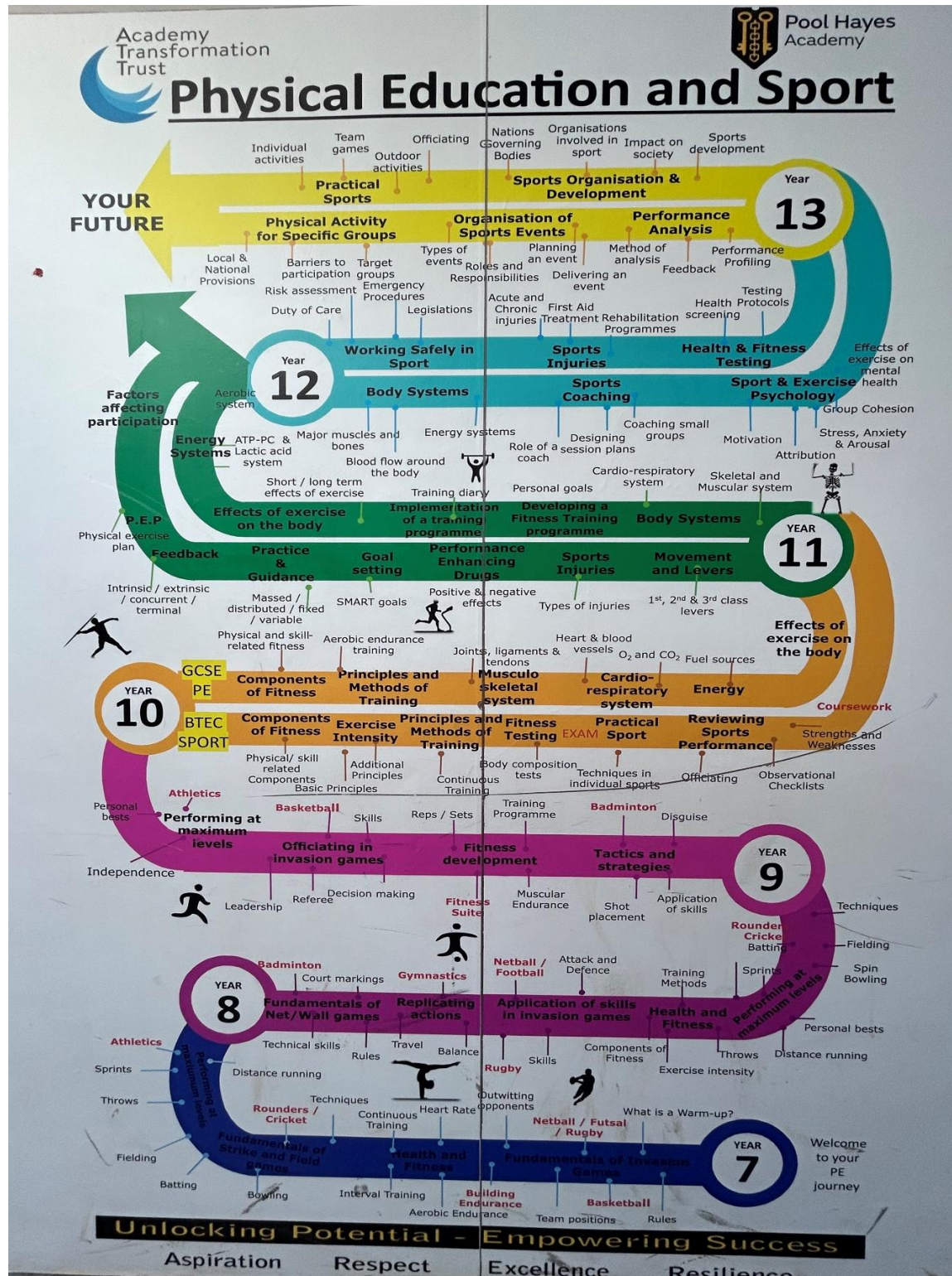
Performance (Hands) - Students develop competence in technical and tactical skills and confidence to apply these into competitive and physically demanding activities.

At Pool Hayes Academy our curriculum:

- Has a pivotal role in developing pupils' communication skills across the curriculum and ensuring success in our academy.
- Pe is more than just sport it is about developing the whole student through techniques, skills and competitive situations
- Relationships in sport can play a pivotal part in a well rounded student.
- PE is inclusive, engaging and relevant, not just for athletes and every student as the change for success.
- Reflection on performance and work is powerful for students. They are to be resilient and not afraid to fail or try new sports and activities.
- Will allow students to experience a range of sports including Outdoor Adventurous Activities
- Will allow pupils to become effective performers in a range of sports
- Will allow our pupils to feel empowered by what they study so that they become better thinkers and more empathetic human beings.
- Will cover the breadth and depth of the National Curriculum for Physical Education



Learning Journey:



Links to curriculum map:

(LINK)

Assessment outline:

Formative assessment is a type of assessment used throughout the learning process to monitor student progress and provide feedback, aiming to improve both teaching and learning. It's not about assigning grades, but about helping students understand their strengths and weaknesses and how they can improve. These are done throughout using past PSAs, in practical formative assessment is used in every lesson to gauge progress and plan the next lesson in the SOL

Summative assessments are evaluations conducted at the end of a learning period, such as a unit, course, or program, to assess a student's overall understanding and achievement. They are designed to gauge what a student has learned and whether they have met specific learning objectives. These are done in theory as part of the PSA (Pearson Set Assignment)

Formative:

- Cold-calling in lessons / ask students to demonstrate skills
- Mini-whiteboard tasks during practical lessons
- Peer assessment - this can be observation or video analysis
- Self-assessment - this can be observation or video analysis
- Quizzes – end of unit AFL tests.

Summative:

- Essays using PSAs and breaking it down into four sections
- Use of past PSA for practice before the release of their PSA
- Video recordings of students leading warmups and lessons
- Evaluation / justification of how lessons and warmups went.
- End of unit AFL tests.
- Use of past papers for exam practice.

Trips that are used to support the curriculum:

Professional sporting fixtures – opportunity to watch professional sport

Bryntysilio residential – OAA throughout the week for experiences, confidence, communication and leadership

Careers		
Admin Gyms and fitness centres Outdoor pursuit centres Sports clubs Leisure centres	Journalism Writer Reporter Commentator Stats Photographer	Sports Goods Sales Marketing Sponsorship Product development Product trial
Community Sports development officer Coach Youth sports officer	Health Therapist Nutritionist Exercise physiologist Biomechanics Physio Medic	Education Primary Secondary University College
Professional Sport Player Agent Official	Coaching Holiday camps Schools Private sports clubs Voluntary coach Youth sport coach Professional sport coach	Fitness Strength and conditioning Personal trainer Fitness instructor Health trainer Injury prevention

Extra-curricular activities:

Football
Netball
Cricket
Rounders
Rugby
Basketball
Fitness
Badminton

Our Pupil Pledge:

At Pool Hayes Academy we are proud of our PE curriculum, it is inclusive, offers a wide range of sports within KS3 and KS4 core lessons. Lessons are diverse and offer the chance of success for every student with the use of adaptive teaching. Our lessons are fun and engaging. We want students to enjoy Physical Education where they can gain skills and knowledge of how physical activity and sport can benefit the student physically, psychologically and socially. Physical Activity has proven to improve concentration, motivation and engagement across other subjects.

1. Breadth, Depth, and Diversity

We are proud to offer a curriculum which offers a range of sports, students can experience sport and physical activity in isolation – learning key skills and techniques and transfer to competitive situations. We have a broad curriculum which gives students the chance of success where the sports offered are inclusive no matter what sex (girls football / boys dance)

2. Relevant

We are very proud that our curriculum is relevant. We off and change sports depending on what is relevant. Using real life sport and sport for all, we can cater and adapt our lessons to make them relevant.

3. Inclusion and Access for All

Our curriculum is designed to be inclusive. Lessons are adapted so every student is challenged but also has the chance for success. Lessons build and progress on prior knowledge and understanding through fundamental movements needed in sport and physical activity.

4. Developing competence and promoting physical activity

Students are given the chance to develop competence in a variety of sports throughout KS3, they are taught skills and techniques. We promote physical activity and the importance of this and how it can benefit the individual physically, psychologically and socially. Making sure students are aware of the importance of remaining active and fostering love of exercise and healthy living.

5. Building character and a cultural understanding

We provide opportunities to develop character such as fairness, respect and resilience through participation in lessons and extracurricular clubs and team fixtures. Our curriculum and department introduces students to cultural and historical importance of sport and physical activity.

6. Preparation for the Future

Our curriculum prepares students for the future, embedding the importance of exercise and how this is needed in later life. How students can improve their performance and how exercise can be beneficial in all walks of life.